



# THE FIFTH ANNUAL TENNESSEE MOUNTAIN LAUREL HIKING MARATHONS NAME YOUR 2020 ADVENTURE

Welcome to the fifth Annual Tennessee Mountain Laurel Hiking Marathons Event in association with the Morgan County Tourism Alliance. We are a volunteer organization who loves to spread the word about what our gorgeous Morgan County has to offer people of all ages!

The purpose of this Hiking Marathon is to bring people into the many parks and natural areas in and directly surrounding Morgan County during the most beautiful blooming season of wild flowers and of course, the season of the Mountain Laurel, along with some breathtaking views of canyons, cliffs, and waterfalls.

There are three different hiking options for the Marathons this year. The half-marathon is 13.1 miles, the full-marathon is 26.2 miles, and the Ultra is 100 miles. This year, participants will be able to choose their own adventure from a list of trails in and around the Morgan County area. You will also be able to choose 10% (1.3 miles for the half, 2.6 miles for the full, and 10 miles for the Ultra) of your mileage from trails that are NOT on the list! This gives the participants an opportunity to hike in areas closer to home! In addition, there will be a special prize for any participant who hikes EVERY trail on the trail list!

Upon completion of the marathon, you will receive a Certificate of your achievement, a t-shirt, and this year's patch! Logs can be turned in the day of the Tennessee Mountain Laurel Festival, **Saturday, May 16, 2020**, or emailed to [hikemoco@gmail.com](mailto:hikemoco@gmail.com) if you are unable to attend the festivities. We hope to see you there so we can celebrate with you!!

We want you to enjoy your hiking experience and share it with others. Please feel free to share your photos on the HikeMoCo Facebook page or #hikemoco on Instagram. Follow us on Facebook and Instagram and we will post some additional information about the hikes! Get ready to lace up those boots and hit the trails!

Happy Hiking,

Cathy and Erin

MCTA/Hike MoCo Volunteers